## 6D MICROBLADING INFORMATION

In order for your new brows to heal properly (and look their very best) following all Pre & Post Care Instructions are crucial! Pre-Care Instructions are designed to limit bleeding and skin sensitivities during the service. Excessing bleeding during the procedure can dilute and expel the pigment colour and lead to poor results.

## PRIOR TO YOUR PROCEDURE

- DO NOT take any medicines/ vitamins etc. on the day of your appointment. They can be taken afterwards.
  This also includes the use of anti-inflammatory, pain relief tablets & blood thinners, such as Advil,
  Ibuprofen, Asprin and Vitamin E, as they may interfere with the numbing agents or thin the blood.
  Should you be taking any chronic medication, please contact me prior to the procedure.
- NO Alcohol 24 hours before the procedure
- NO tea or coffee, for 2 hours before your treatments
- NO Botox 2 weeks before or after your procedure
- NO brow waxing, tinting or threading one week prior (the more natural hair growth you have, the better)
- Avoid sun and tanning one week prior to your procedure
- Do not work out 24 hours before your procedure
- Discontinue using Retin A at-least 4 weeks prior and avoid on eyebrow area after procedure
- Refrain from using any Alpha Hydroxy Acid (AHA) products close to the eyebrow area for 2 weeks prior (and avoid on eyebrow area after the procedure)
- Avoid Chemical Peels, Microdermabrasion or facials for 4-weeks prior procedure
- If you have any allergies, please inform me, prior to the procedure
- Please note you will be more sensitive during your menstrual cycle
- Be prepared for your brows to look a little red and really dark, don't worry, they will fade in colour, 30-50%.

## ON THE DAY OF YOUR PROCEDURE

- please do not chew gum
- please avoid unnecessary conversation your facial muscles need to be relaxed, at all times
- please put your phone away and relax
- please do not rush the artist and be aware of the time allocated for your procedure
- microblading is an art and it takes time, it cannot be rushed!