

LIP BLUSH INFORMATION

In order for your new lips to heal properly (and look their very best) following all Pre & Post Care Instructions is crucial! Pre-Care Instructions are designed to limit bleeding and skin sensitivities during the service. Excessive bleeding during the procedure can dilute and expel the pigment colour and lead to poor results.

PRIOR TO YOUR PROCEDURE

- DO NOT take any medicines/ vitamins etc. on the day of your appointment. They can be taken afterwards. Should you be taking any chronic medication, please contact me prior to the procedure
- DO NOT take or consume the following 24 hours before your procedure: anti-inflammatory, pain relief tablets & blood thinners, such as Advil, Ibuprofen, Aspirin and Vitamin E, as they may interfere with the numbing agents or thin the blood.
- NO Alcohol 24 hours before the procedure
- NO tea or coffee, for 2 hours before your treatments
- NO Botox 2 weeks before or after your procedure
- NO waxing, threading or laser one week prior
- Avoid sun and tanning one week prior to your procedure
- Do not work out 24 hours before your procedure
- Discontinue using Retin A at-least 4 weeks prior and refrain from using any Alpha Hydroxy Acid (AHA) products close to the lip area for 2 weeks prior (and avoid on lip area after the procedure)
- Avoid Chemical Peels, Microdermabrasion or facials for 4-weeks prior procedure
- If you have any allergies, please inform me, prior to the procedure
- Herpes Simplex/Cold Sores/Fever Blisters: if you suffer from cold sores or have ever had a cold sore, it is imperative to take oral anti-viral medication, for at least 7 days prior to your appointment and continued for 7 days after your appointment, to minimise a cold sore breakout. These medications can be purchased over the counter (Valtrex, Zovirax etc)
- Exfoliate and Moistures: it is important to ensure that the lips are healthy, to ensure better healing and optimal colour retention therefore it is imperative to exfoliate the lips and keep them moisturized, prior to your appointment. You can use a microbrush, toothbrush or a lip exfoliator to gently exfoliate the lips, for at least 3-4 days before your procedure.

ON THE DAY OF YOUR PROCEDURE

- DO Bring pictures/lipsticks in order to show the colour that you want.
- please do not chew gum
- please avoid unnecessary conversation - your facial muscles need to be relaxed, at all times
- please put your phone away and relax
- please do not rush the artist and be aware of the time allocated for your procedure
- microblading is an art and it takes time, it cannot be rushed!