

# 6D MICROBLADING AFTERCARE

## **Day 1 - 5**

- DO NOT touch, wet or apply any products for 5 days, after the procedure, as this can affect the healed results and disrupt the healing process and pigment retention
- Avoid using any facial cleanser or soap on the brows, until all the scabs have fallen off. Use a facecloth or face wipe to remove make-up and cleanse the face

## **Day 6 - 16**

- gently clean brows with a damp cotton pad ONLY
- ONLY after 5 days the recommended barrier cream is to be applied 2-3 times a day, for 10 days
- maintain moisture on your brows with aftercare ointment, reapplying regularly, when eyebrows feel dry or the skin feels tight
- do NOT wipe off the aftercare ointment, as this can cause the scabs to fall off

# IMPORTANT ATERCARE INFORMATION

- Avoid sweating profusely for 10 days after your procedure, as the salt in your sweat will draw the pigment out
- NO direct sun exposure for 4 weeks after your procedure, direct sunlight can cause the pigment to change colour, while healing and can cause hyperpigmentation and scarring.
- DO NOT wear any makeup or apply any skincare products on your brows, for 2 weeks
- Avoid pool, sauna, steam rooms, hot showers and hot baths for 2 weeks
- DO NOT rub, pick or scratch the treated area, as this can affect the outcome
- NO facials, chemical peels, microdermabrasion for 4 weeks
- NO eyebrow tinting for 2 weeks
- DO apply sunscreen on the brows, once the brows are healed, to prevent the brows from fading
- Avoid using Retin-A, Retinol, any form of exfoliating agent (Glycolic acid, AHA's etc.) or any lightening products, over the brows
- peeling, flaking, fading and loss of pigment can occur during the the next 28 days and is 100% normal
- the following can affect the microblading results: not following the aftercare properly, sun exposure, exfoliants, iron deficiency, smoking and exercise/perspiration

# HEALING DAY BY DAY

Days 1 to 3: Eyebrows look fuller on the first day, your eyebrows will look very bold and full. The colour may look extremely dark, but keep in mind that it'll eventually fade.

Days 3 to 5: Eyebrows look very dark, then start to flake off. Your brows will darken and thicken. They'll still look very bold. By day 5, your brows will begin to scab. They will be flaky and extremely itchy. This is normal and means your skin is healing.

Days 5 to 8: Flaking continues and the color fades. You can expect more scabbing, flaking, and peeling. Resist the temptation to pick the scabs, which can reopen the wounds and disrupt the healing process. It might also remove some pigment, resulting in patchy brows. Let the scabs flake off naturally instead. As your brows continue to flake, the dark color will soften. But rest assured that the color will come back.

Days 8 to 12: Flaking ends and colour returns. After the first week, the flaking will gradually stop. The colour will also return.

Days 12 to 21: Color and texture look more natural. The colour of your eyebrows should look more even and natural. The individual brow hairs will also look more defined, creating the appearance of feathery eyebrows.

Days 21 to 30: Skin is healed. After 1 month, your skin will be completely healed. Your eyebrows should look soft and full.